



AgeStrong!LiveLong!

DATE:

Wednesday, May 26, 2010

TIME:

9 a.m.–3 p.m.

PLACE:

Central Building,
810 3rd Avenue
(between Columbia & Marion,
in downtown Seattle)

PHONE:

206-684-0500
(TTY 206-223-2778)

E-MAIL:

seniors@seattle.gov

Mayor's Office for Senior Citizens Healthy Aging Fair

**Calling all Seniors
and Baby Boomers!**

Free

Come gain a wealth of knowledge
on wellness, disease prevention and fitness.
Free hearing tests, blood pressure checks and
other health screenings available.

Learn about nutrition, consumer safety,
utility assistance, senior employment services,
volunteer opportunities and recreation.

Come to the Health Aging Fair for answers!



City of Seattle
Mike McGinn, Mayor

Human Services Department
Mayor's Office for Senior Citizens



PINNACLE